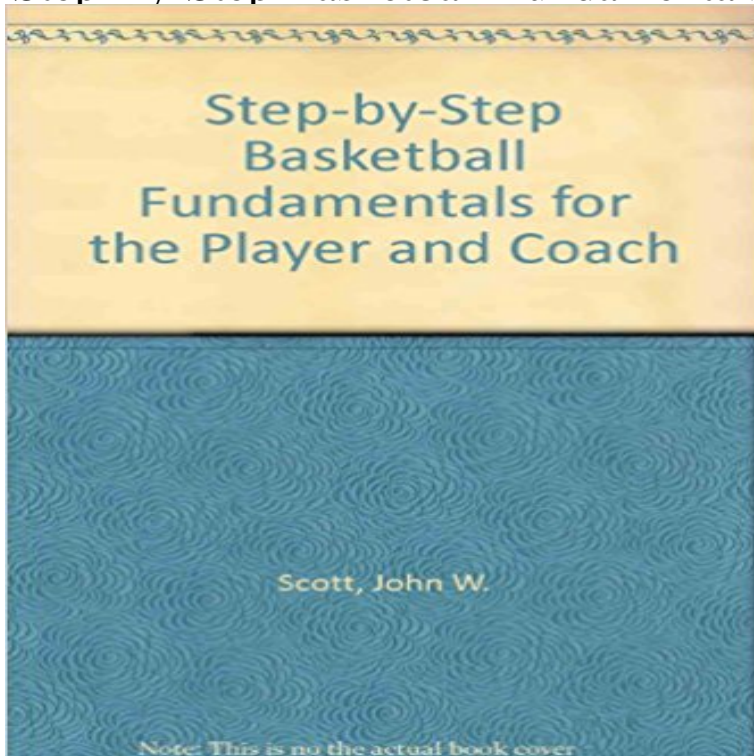


Step-By-Step Basketball Fundamentals for the Player and Coach



How To book covering all basic skill areas as well as the more technical aspects of personal training programs and weight training exercises. Approved by the basketball hall of fame, it features quotes from some of history's best players.

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