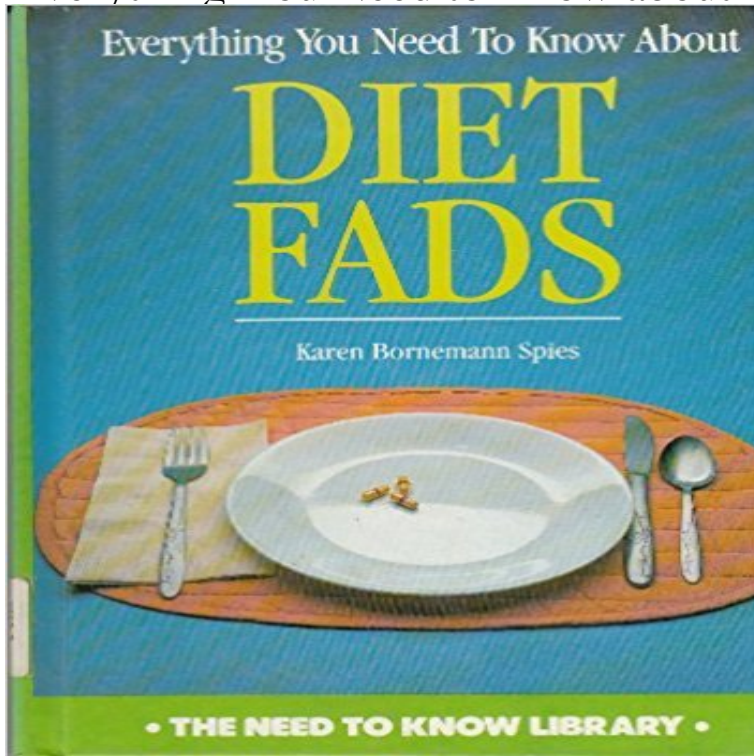


## Everything You Need to Know about Diet Fads (Need to Know Library)



Discusses weight control, causes of overeating, the dangers of diet fads, and proper nutrition.

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