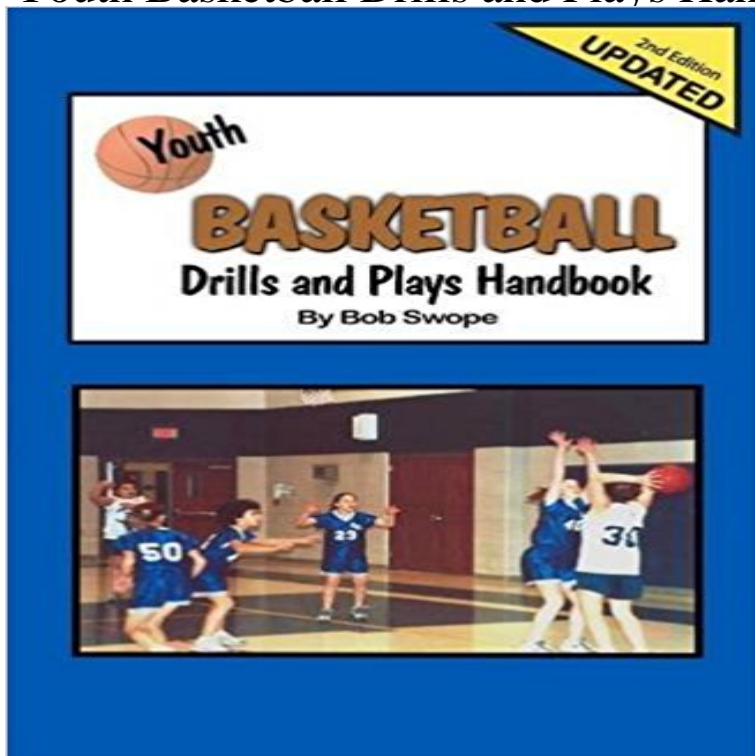


Youth Basketball Drills and Plays Handbook-2nd Edition



This book is for youth basketball coaches. It has drills to build your teams speed, coordination, agility, and fundamental basketball skills. It has offensive and defensive plays covering all phases of the game. There are 27 different drills, all numbered, to help your team. There are 127 different plays, all numbered, covering all phases of the game. There are 6 different games for your team to play, that are directly involved with their learning.

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